

Transmission Schedule for **October, 2021**

कक्षा 7 की समय सारणी TIME TABLE OF CLASS 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	वीरवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा Physical Education
सामाजिक विज्ञान (भूगोल)	हिन्दी	संस्कृत/اردو (उर्दू)	सामाजिक विज्ञान (इतिहास)	हिन्दी	संस्कृत/اردو (उर्दू)	सामाजिक विज्ञान (राजनीति शास्त्र)
English	Social Science (Geography)	Social Science (History)	English	Social Science (Pol. Sc.)	Social Science (Geography)	Mathematics / Science Activities
Mathematics	Science	Mathematics	Science	Mathematics	Science	Social Science (History)

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*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

Subject	Title of the Topic	Duration	Medium
01 October 2021			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	0:23:51	Hindi
हिंदी	पाठ-11: रहीम के दोहे	0:20:58	Hindi
Storytelling/Value Education	आम की टोकरी	0:02:35	Hindi
Political Science	Ch-1, Equality in Indian Democracy	0:25:53	English
Creative Activities: Art & Craft	जन्मदिन कार्ड (Birthday Card)	0:03:52	English
Mathematics	Ch-11: Perimeter and area, Part-1	0:29:55	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	The evolution of communication	0:03:58	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
02 October 2021			
गणित	पाठ-11: परिमाप और क्षेत्रफल, भाग-1	0:29:09	Hindi
संस्कृत	संस्कृत कथा, बुद्धिर्यस्य बलमतस्य	0:09:16	Hindi
Storytelling/Value Education	नन्हा फ़नकार	0:14:07	Hindi
Geography	Ch-1, Environment	0:21:12	English
Storytelling/Value Education	खेल पिटारा	0:14:57	Hindi
Science	Ch-11: Transportation in Animals & Plants	0:21:56	English
Vocational	Important tips for good embroidery work (Part B)	0:07:37	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
Vocational	Light as electromagnetic spectrum	0:06:56	English
03 October 2021			
Physical Education	Yoga Dhanurasan	0:12:12	Hindi
राजनीति शास्त्र	समानता	0:30:46	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General awareness	किशोरावस्था की ओर (English Subtitles)	0:12:42	Hindi

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ONE CLASS, ONE CHANNEL

Class - VII

History	Ch-1, Tracing Changes Through a Thousand Years	0:24:25	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	Important tips for good embroidery work (Part B)	0:07:37	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English

04 October 2021

विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	0:23:51	Hindi
भूगोल	पाठ-1, पर्यावरण	0:28:13	Hindi
English	Ch-1, Three Questions Part-1	0:26:17	English
Creative Activities: Art & Craft	खिलता हुआ कमल (Blooming lotus)	0:04:45	English
Mathematics	Ch-11: Perimeter and area, Part-2	0:24:24	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English
Vocational	Personal hygiene and Health	0:10:15	English
Vocational	Hand Embroidery Part B	0:13:54	English

05 October 2021

गणित	Ch-11: परिमाप और क्षेत्रफल part-1	0:29:09	Hindi
हिंदी	पाठ-11: रहीम के दोहे	0:22:43	Hindi
Storytelling/Value Education	वो कुछ दिन	0:07:51	Hindi
Geography	Ch-1, Environment	0:21:12	English
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	Hindi
Science	Ch-11: Transportation in Animals & Plants	0:21:56	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English
Vocational	Personal hygiene and Health	0:10:15	English
Vocational	Hand Embroidery Part B	0:13:54	English

06 October 2021

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विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	0:23:51	Hindi
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ONE CLASS, ONE CHANNEL

Class - VII

संस्कृत	सम्बन्धो ही दुर्जयः	0:08:09	Hindi
Storytelling	I have got 10 little fingers	0:09:10	Hindi
History	Ch-1, Tracing Changes Through a Thousand Years	0:25:56	English
Cultural Heritage: Art, Music & Dance	Folk Dance-Mizoram	0:08:22	English/Hindi
Mathematics	Ch-11: Perimeter and area, Part-1	0:29:55	English
Vocational	Light as electromagnetic spectrum	0:06:56	English
Vocational	Seed Germination	0:06:44	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	The evolution of communication	0:03:58	English

07 October 2021

गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-1	0:29:09	Hindi
History	पाठ-1, हजार वर्षों के दौरान हुए परिवर्तनों की पड़ताल	0:23:05	Hindi
Storytelling/Value Education	अक्ल बड़ी या पूँछ	0:02:00	Hindi
English	Ch-1, Three Questions Part-2	00:38:42	English
Cultural Heritage: Art, Music & Dance	Navras (9 Rasas) - Dance Emotions	0:03:50	English/Hindi
Science	Ch-11: Transportation in Animals & Plants	0:21:56	English
Vocational	Light as electromagnetic spectrum	0:06:56	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English

08 October 2021

विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	0:23:51	Hindi
हिंदी	पाठ-11: रहीम के दोहे	0:20:58	Hindi
Storytelling/Value Education	आम की टोकरी	0:02:35	Hindi
Political Science	Ch-1, Equality in Indian Democracy	0:25:53	English
Creative Activities:	जन्मदिन कार्ड (Birthday Card)	0:03:52	English

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ONE CLASS, ONE CHANNEL

Class - VII

Art & Craft			
Mathematics	Ch-11: Perimeter and area, Part-1	0:29:55	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	The evolution of communication	0:03:58	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English

09 October 2021

गणित	पाठ-11: परिमाप और क्षेत्रफल, भाग-1	0:29:09	Hindi
संस्कृत	संस्कृत कथा, बुद्धिर्यस्य बलमतस्य	0:09:16	Hindi
Storytelling/Value Education	नन्हा फ़नकार	0:14:07	Hindi
Geography	Ch-1, Environment	0:21:12	English
Storytelling/Value Education	खेल पिटारा	0:14:57	Hindi
Science	Ch-11: Transportation in Animals & Plants	0:21:56	English
Vocational	Important tips for good embroidery work (Part B)	0:07:37	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
Vocational	Light as electromagnetic spectrum	0:06:56	English

10 October 2021

Physical Education	Yoga Dhanurasan	0:12:12	Hindi
राजनीति शास्त्र	समानता	0:30:46	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General awareness	किशोरावस्था की ओर (English Subtitles)	0:12:42	Hindi
History	Ch-1, Tracing Changes Through a Thousand Years	0:24:25	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	Important tips for good embroidery work (Part B)	0:07:37	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English

11 October 2021

विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	0:23:51	Hindi
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ONE CLASS, ONE CHANNEL

Class - VII

भूगोल	पाठ-1, पर्यावरण	0:28:13	Hindi
English	Ch-1, Three Questions Part-1	0:26:17	English
Creative Activities: Art & Craft	खिलता हुआ कमल (Blooming lotus)	0:04:45	English
Mathematics	Ch-11: Perimeter and area, Part-2	0:24:24	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English
Vocational	Personal hygiene and Health	0:10:15	English
Vocational	Hand Embroidery Part B	0:13:54	English

12 October 2021

गणित	Ch-11: परिमाप और क्षेत्रफल part-1	0:29:09	Hindi
हिंदी	पाठ-11: रहीम के दोहे	0:22:43	Hindi
Storytelling/Value Education	वो कुछ दिन	0:07:51	Hindi
Geography	Ch-1, Environment	0:21:12	English
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	Hindi
Science	Ch-11: Transportation in Animals & Plants	0:21:56	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English
Vocational	Personal hygiene and Health	0:10:15	English
Vocational	Hand Embroidery Part B	0:13:54	English

13 October 2021

विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	0:23:51	Hindi
संस्कृत	सम्बन्धो ही दुर्जयः	0:08:09	Hindi
Storytelling	I have got 10 little fingers	0:09:10	Hindi
History	Ch-1, Tracing Changes Through a Thousand Years	0:25:56	English
Cultural Heritage: Art, Music & Dance	Folk Dance-Mizoram	0:08:22	English/Hindi

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ONE CLASS, ONE CHANNEL

Class - VII

Mathematics	Ch-11: Perimeter and area, Part-1	0:29:55	English
Vocational	Light as electromagnetic spectrum	0:06:56	English
Vocational	Seed Germination	0:06:44	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	The evolution of communication	0:03:58	English

14 October 2021

गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-1	0:29:09	Hindi
इतिहास	पाठ-1, हज़ार वर्षों के दौरान हुए परिवर्तनों की पड़ताल	0:23:05	Hindi
Storytelling/Value Education	अक्ल बड़ी या पूँछ	0:02:00	Hindi
English	Ch-1, Three Questions Part-2	00:38:42	English
Cultural Heritage: Art, Music & Dance	Navras (9 Rasas) - Dance Emotions	0:03:50	English/Hindi
Science	Ch-11: Transportation in Animals & Plants	0:21:56	English
Vocational	Light as electromagnetic spectrum	0:06:56	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English

15 October 2021

विज्ञान	पाठ-12: पादप में जनन	0:18:01	Hindi
हिंदी	पाठ-12: कंचा	0:15:02	Hindi
Storytelling	आज़ादी की कहानी-1	0:08:32	Hindi
Political Science	Ch-2: Role of the Government in Health	0:24:47	English
Cultural Heritage: Art, Music, Dance	National Role Play & Folk Dances-Andaman & Nicobar Islands	0:08:33	English/Hindi
Mathematics	Ch-12: Algebraic Expressions	0:31:28	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	Hindi
Vocational	Tools And Materials	0:12:44	English
Vocational	Fishbone Stitch	0:05:56	English

16 October 2021

गणित	पाठ-2: बीजीय व्यंजक	0:32:57	Hindi
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ONE CLASS, ONE CHANNEL

Class - VII

संस्कृत	संस्कृत कथा, बुद्धि बलवती	0:06:08	Hindi
Storytelling/Value Education	I have got 10 little fingers	0:09:10	English
Geography	Ch-2, Inside our Earth	0:19:23	English
Cultural Heritage: Art, Music, Dance	Understanding Our Architectural Heritage	0:14:06	English
Science	Ch-12: Reproduction In Plants	0:23:00	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English

17 October 2021

Physical education	COVID 19 Awareness	0:12:46	Hindi
राजनीति शास्त्र	पाठ-2, स्वास्थ्य में सरकार की भूमिका	0:31:26	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General Awareness	Why Seasons Happen?	0:03:17	English
General Awareness	Lever Around Us	0:08:00	English
History	Ch-2, New King & Kingdom	0:20:26	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English

18 October 2021

विज्ञान	पाठ-12: पादप में जनन	0:18:46	Hindi
भूगोल	पाठ-2, हमारी पृथ्वी के अंदर	0:20:22	Hindi
Storytelling/Value Education	एक अनेक और एकता	0:06:57	Hindi
English	Ch-2, A Gift of Chappals	0:22:29	English
Creative Activities: Art & Craft	खिलता हुआ कमल (Blooming lotus)	0:04:45	Hindi
Mathematics	Ch-12: Algebraic Expressions	0:31:28	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

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19 October 2021

गणित	पाठ-2: बीजीय व्यंजक	0:32:57	Hindi
हिंदी	पाठ-12: कंचा	0:15:02	Hindi
Storytelling/Value Education	गुलज़ार बच्चों के साथ	0:12:38	Hindi
Geography	Ch-2, Inside our Earth	0:15:19	English
Cultural Heritage: Art, Music & Dance	Folk Dance-Mizoram	0:08:22	Hindi
Science	Ch-12: Reproduction In Plants	0:23:00	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	Tools And Materials	0:12:44	English
Vocational	Design and Tracing Methods	0:02:24	English

20 October 2021

विज्ञान	पाठ-12: पादप में जनन	0:13:44	Hindi
उर्दू	ईदगाह	0:28:18	Hindi
Storytelling/Value Education	वो कुछ दिन	0:07:51	Hindi
History	Ch-2, New Kings & Kingdom	0:20:49	English
Cultural Heritage: Art, Music, Dance	Navras (9 Rasas) - Dance Emotions	0:03:50	English/Hindi
Mathematics	Ch-12: Algebraic Expressions	0:31:28	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Seed Germination	0:06:44	English

21 September 2021

गणित	पाठ-2: बीजीय व्यंजक	0:32:57	Hindi
इतिहास	पाठ-2, नए राजा और उनके राज्य	00:21:41	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
English	Ch-2, A Gift Of Chappals	0:21:02	English

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ONE CLASS, ONE CHANNEL

Class - VII

Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	English/Hindi
Science	Ch-12: Reproduction In Plants	0:23:00	English
Vocational	Tools And Materials	0:12:44	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	Design and Tracing Methods (Heat Method)	0:01:41	English

22 October 2021

विज्ञान	पाठ-12: पादप में जनन	0:18:01	Hindi
हिंदी	पाठ-12: कंचा	0:15:02	Hindi
Storytelling	आज़ादी की कहानी-1	0:08:32	Hindi
Political Science	Ch-2: Role of the Government in Health	0:24:47	English
Cultural Heritage: Art, Music, Dance	National Role Play & Folk Dances-Andaman & Nicobar Islands	0:08:33	English/Hindi
Mathematics	Ch-12: Algebraic Expressions	0:31:28	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	Hindi
Vocational	Tools And Materials	0:12:44	English
Vocational	Fishbone Stitch	0:05:56	English

23 October 2021

गणित	पाठ-2: बीजीय व्यंजक	0:32:57	Hindi
संस्कृत	संस्कृत कथा, बुद्धि बलवती	0:06:08	Hindi
Storytelling/Value Education	I have got 10 little fingers	0:09:10	English
Geography	Ch-2, Inside our Earth	0:19:23	English
Cultural Heritage: Art, Music, Dance	Understanding Our Architectural Heritage	0:14:06	English
Science	Ch-12: Reproduction In Plants	0:23:00	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English

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ONE CLASS, ONE CHANNEL

24 October 2021

Physical education	COVID 19 Awareness	0:12:46	Hindi
राजनीति शास्त्र	पाठ-2, स्वास्थ्य में सरकार की भूमिका	0:31:26	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General Awareness	Why Seasons Happen?	0:03:17	English
General Awareness	Lever Around Us	0:08:00	English
History	Ch-2, New King & Kingdom	0:20:26	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English

25 October 2021

विज्ञान	पाठ-12: पादप में जनन	0:18:46	Hindi
भूगोल	पाठ-2, हमारी पृथ्वी के अंदर	0:20:22	Hindi
Storytelling/Value Education	एक अनेक और एकता	0:06:57	Hindi
English	Ch-2, A Gift of Chappals	0:22:29	English
Creative Activities: Art & Craft	खिलता हुआ कमल (Blooming lotus)	0:04:45	Hindi
Mathematics	Ch-12: Algebraic Expressions	0:31:28	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

26 October 2021

गणित	पाठ-2: बीजीय व्यंजक	0:32:57	Hindi
हिंदी	पाठ-12: कंचा	0:15:02	Hindi
Storytelling/Value Education	गुलज़ार बच्चों के साथ	0:12:38	Hindi
Geography	Ch-2, Inside our Earth	0:15:19	English
Cultural Heritage: Art, Music & Dance	Folk Dance-Mizoram	0:08:22	Hindi
Science	Ch-12: Reproduction In Plants	0:23:00	English
Vocational	Hand Embroidery Part B	0:13:54	English

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ONE CLASS, ONE CHANNEL

Class - VII

Vocational	Tools And Materials	0:12:44	English
Vocational	Design and Tracing Methods	0:02:24	English

27 October 2021

विज्ञान	पाठ-12: पादप में जनन	0:13:44	Hindi
उर्दू	ईदगाह	0:28:18	Hindi
Storytelling/Value Education	वो कुछ दिन	0:07:51	Hindi
History	Ch-2, New Kings & Kingdom	0:20:49	English
Cultural Heritage: Art, Music, Dance	Navras (9 Rasas) - Dance Emotions	0:03:50	English/Hindi
Mathematics	Ch-12: Algebraic Expressions	0:31:28	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Seed Germination	0:06:44	English

28 September 2021

गणित	पाठ-2: बीजीय व्यंजक	0:32:57	Hindi
इतिहास	पाठ-2, नए राजा और उनके राज्य	00:21:41	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
English	Ch-2, A Gift Of Chappals	0:21:02	English
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	English/Hindi
Science	Ch-12: Reproduction In Plants	0:23:00	English
Vocational	Tools And Materials	0:12:44	English
Vocational	Hand Embroidery Part B	0:13:54	English
Vocational	Design and Tracing Methods (Heat Method)	0:01:41	English

29 October 2021

विज्ञान	पाठ-12: पादप में जनन	0:18:01	Hindi
हिंदी	पाठ-12: कंचा	0:15:02	Hindi

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ONE CLASS, ONE CHANNEL

Class - VII

Storytelling	आज़ादी की कहानी-1	0:08:32	Hindi
Political Science	Ch-2: Role of the Government in Health	0:24:47	English
Cultural Heritage: Art, Music, Dance	National Role Play & Folk Dances-Andaman & Nicobar Islands	0:08:33	English/Hindi
Mathematics	Ch-12: Algebraic Expressions	0:31:28	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	Hindi
Vocational	Tools And Materials	0:12:44	English
Vocational	Fishbone Stitch	0:05:56	English

30 October 2021

गणित	पाठ-2: बीजीय व्यंजक	0:32:57	Hindi
संस्कृत	संस्कृत कथा, बुद्धि बलवती	0:06:08	Hindi
Storytelling/Value Education	I have got 10 little fingers	0:09:10	English
Geography	Ch-2, Inside our Earth	0:19:23	English
Cultural Heritage: Art, Music, Dance	Understanding Our Architectural Heritage	0:14:06	English
Science	Ch-12: Reproduction In Plants	0:23:00	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Design and Tracing Methods (Light Method)	0:05:33	English

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